



Now I see. Now I hear.

Late last year, after going without wearing prescription glasses for several months due to my glasses being so old they had become unwearable, I scheduled an eye appointment for new glasses. Something I needed to do in anticipation of my February driving test. Of course, as you read in my January newsletter, that didn't happen. But hey, now I have new glasses! So great to be able to see much more clearly and to have much less eyestrain! Next came hearing aids.

My hearing has slowly been deteriorating the last few years to the point I was misinterpreting what people were telling me, tuning out of conversations, falling asleep during movies because I couldn't follow plots, and cupping my ears to hear people talk. Kathy set up an appointment for me to receive a FREE hearing test at Costco's hearing aid department. I ended up with hearing aids made by Rexton and have now been using them for a little over two weeks. I can now hear birds chirping, the sound of wind, and the dogs' footsteps on the floor. What is really awesome is how my hearing aids are tied into my iPhone making it easy to listen to music without using earphones plus I can make adjustments to what I hear.

Morgan and Brooklyn Update



Brooklyn and I are currently working on a freestyle dog dancing routine together. Next week she and I will start a Canine Good Citizen class.

Morgan is doing great in agility classes she takes on Wednesday nights in Martinez (classes she started last fall). Agility is good for both of us as it helps build her confidence, keeps me moving and is good for my brain memorizing courses. **And** Morgan is now entered in a 3-day dog show in Salem, Oregon on March 10th-12th. The following show for her is a 4-day show in Vallejo March 23rd-26th.

Northward Bound

While attending the Salem Dog show, we will stay with Tim, Kathy, Rylan, Brex and Sierra in Lake Oswego. After the dog show is over, we will visit my Mom to work with her on her autobiography. Since transcribing all her handwritten stories from the legacy classes she took, she has edited them **and** she has added more stories!



Back: Joan, Alice (my Mom), & Louis
Front: Nancy, Tom & Geneva

13 Candles!



77 Years!



Celebration of two birthdays

—Sierra on February 5th, me on February 6th. Sierra celebrated her birthday with friends on the ski slope. For my birthday, not only did I receive beautiful, silver, and elegant earrings from Tim, Kathy, Rylan, Brex, and Sierra, Chris sent me beautiful flowers!